



Small Group Guide Sheet

Older – February 4 & 8

Lesson:	Bread of Life
Callback:	LT: Jesus Calls Us Students: To Abundant Life
Memory Verse:	HOT Seat! (LT will lead this and it will be used for all of Unit 5.)
SOAP:	SGG reads John 6:35-59 to students.
Observation	<ol style="list-style-type: none">1. What does Jesus say he is? (Bread of Life)2. Why do you think Jesus used bread to describe himself? (Just like we need food every day we need Jesus every day.)3. How is Jesus different than regular bread? (Satisfies our spiritual needs.)4. What does this teach us about what we really need in life? (answers will vary)5. What does Jesus promise to those who come to Him and believe? (eternal life)
Application	Come up with 3 Take-a-ways: <ol style="list-style-type: none">1.2.3. <p>Here are mine:</p> <ol style="list-style-type: none">1. Jesus gives us more than food he gives us eternal life.2. Believing in Jesus means trusting Him every day.3. Our hearts need Jesus like our bodies need food every day.
Activity	Spiritual Menu: color and discuss how important our spiritual menu is to us and how it should be practiced daily in our lives. Faith Fries – reminds us that faith strengthens us like food does.

	<p>Prayer Pizza – reminds us that prayer is a key ingredient in our spiritual life.</p> <p>Bible Burger – reminds us that God's Word is and should be our main course.</p>
Prayer	Jesus, thank you for the food you provide for us daily but most importantly help us to remember to spend time with you reading your Word and with you in prayer. Thank you for eternal life. Amen