

## The Character of God: God is Good

### Reflect

1. Do you tend to have a sweet tooth, salty, savory, etc.? A big appetite or a small one? What's your most important meal of the day?
2. On a more serious note, what are some of the day-to-day trials that you face in your life?

### Read Your Bible

Psalm 34:8

### Apply God's Word to Your Life

1. What do you spend most of your time and energy chasing in life?
2. Have there been times when you did not believe that the Lord is good?
3. How have you personally "tasted and seen that the Lord is good"?
4. Describe one or two of the practical ways you have learned to take refuge in Jesus.
5. What is Psalm 34:8 offering to us? If you are willing, pray today to receive it.

### Conclusion

There is a very common condition among human beings known as "hangry." It arises when certain people have not been properly fed at the proper times. Usually, the only option is a quick remedy (food). But the Scripture today makes us wonder about our souls. What happens to us when we go unfed at the deepest level? Jesus reminds us that we are more than a belly; that we must live by "every word that comes from the mouth of God." But that is not simply a condemnation: it is an invitation! "Taste and see," the Holy Spirit says, and you will be "blessed." For the Lord is good, all the time. The more we walk with Him, the more He himself becomes our feast, our portion, and our prize. Is that true for you in this season? What can you do to in the coming weeks to "taste and see" the One who opened heaven to you?

### Pray

Dear God, You are good, all the time. I confess that I forget it, far too often, and chase after things that cannot fill me. But my soul is satisfied in You alone, I know it well. Remind me today of Your faithful love. Let Your forgiveness become my song again and my testimony to this hungry world. Lord Jesus, be my refuge and strength as I walk this long road Home. Blessed be Your name. Amen.