

DIY Hand Warmers





Supplies:

- One pair of cotton pajama pants
- Matching thread
- Pinking shears
- Rice
- Pins

Cut your flannel fabric into two 4 inch by 4 inch squares with the pinking shears.



Pin the flannel together with the right sides facing out. Sew with a zig zag stitch around three sides leaving the fourth side open for the rice.



Scoop in about 1/2 cup of uncooked rice.



Don't fill it all the way up with rice because you will need some room left to sew the fourth side shut.



Next, pin the fourth side shut and stitch it closed. I tried to skip pinning this side shut and I had rice all over my sewing machine.



Put them in the microwave for about 30 seconds to test them out and you will see that they worked great!
Print the gift tags and wrap with twine. All done!

**Warm Hands
Warm Heart**

Microwave for 30 seconds & enjoy!

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