

## Living Hope: Helping Hurting People

### Reflect

1. Who do you know that is greatly hurting right now?
2. How does Jesus bring us healing?
3. Why is helping hurting people important for the church?

### Read Your Bible

- Galatians 6:2
- Mark 2:1-12

### Apply God's Word to Your Life

1. What does Galatians 6:2 mean to you?
2. Have you ever had to receive the help of others in a time of need? What did it feel like?
3. Who do you relate to most in the text from Mark: The paralytic, the crowd, the friends, or the teachers of the law?
4. How is that forgiveness of sins is harder than making a paralyzed man walk?
5. How are you carrying others to find healing in Jesus?
6. What are the barriers to finding hope and healing in Jesus?
7. Where do you need help in your life? How can you help others that are hurting?

### Conclusion

The old Sunday school song taught us, "they will know we are Christian's by our love". When we join Jesus in the work of bringing healing to this world, we are walking directly in His love. Helping people in times of medical need, family crisis, mental health needs, financial problems, etc. is central to who we are. We do not do this alone. Many people in our church are involved in healing professions. Thank God this week for doctors, nurses, therapists, first-responders, fire fighters, police officers and others that help to bring restoration and healing to people's lives. God works through them. Who is Jesus calling you to bring help to? This week, make a plan to reach out with love to help someone you know that is hurting.

### Pray

Father, You are the great physician. You know our every hurt and our every need. Heal us and help us to bring Your love and healing to others. May we be a people of great compassion and great prayer. We pray that in Your name, and at our church, lives will be healed and restored. We thank and praise You for the forgiveness of our sins You ransomed on the cross. In Jesus' Name. Amen.