September 2020 • Vol. 20 Issue 9

Words of nope

Monthly Newsletter of Hope Lutheran Church



Fall Sermon Series, Starting September 9, 12 & 13 In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead. 1 Peter 1:3b

A Living Hope

Hope is real. Hope is gritty. Hope is not simply a wishful thought of what one day might be, it is a living reality of what we can be right now. We are people of Hope...the living hope we know in Jesus Christ. Jesus' redemption reality determines our future and it transforms our now.

Praise be to the God and Father of our Lord Jesus Christ! In His great mercy He has given us new birth into a living hope through the resurrection of Jesus Christ from the dead. 1 Peter 1:3

Our church was founded and built on this verse. The Hope we know in Jesus Christ is our North Star and sure foundation.

Things have been changing. Daily. We will adapt, respond, move, plan, prepare and pivot as necessary. But! Our purpose is resolute. We are people of a Living Hope. In this time of uncertainty, it is crucial that we determine even more clearly who we are and why we exist. Purpose bound and Hope filled we will shine Jesus' light of love clearly into the dark recesses of our lives and world.

Join us this fall, online or in-person, for our sermon series, "A Living Hope" as we seek God's good and perfect will for our lives and our church.

God's Peace in Christ,

Pastor Paul Nynas

Prayerfully Consider Becoming a Stephen Minister

Stephen MINISTRY.

Do you want to be involved in something that fills your heart and gives you purpose?

Prayerfully consider being a part of our Fall Stephen Ministry class beginning on September 17. You will learn skills needed to support others who are struggling during this unpredictable time. Topics include:

- Leaning on God to get us through

our struggles

- Becoming a better listener
- Setting boundaries with others
- Being assertive in your communication
- Identifying signs of depression and how to respond
- What to say to people who are hurting

Through training and prayer, God will guide you in how to support those who are hurting around you.

To learn more, please call Kim Youngquist at 701.235.6629, x221, email hopecare@fargohope.org or go to fargohope.org/hopecare.

Training applications are due on or before Monday, September 14.



GriefShare and DivorceCare Resume This Fall

GriefShare starts Monday, Sept. 28 at 6:30pm, North Campus, Lounge. DivorceCare starts Monday, Sept. 28 at 6:30pm, South Campus, Room 360. CDC guidelines will be followed. Changes and/or updates will be posted on fargohope.org/hopecare.

Going to Church is Only Half of It

We need to be loving others by volunteering.

During this Pandemic many of our faithful volunteers are choosing to stay home. That leaves us with many volunteer opportunities at Hope. Please prayerfully consider volunteering. Here are some of the ways you can volunteer at Hope: Greeting, ushering, counting offerings, read scripture, funeral reception server and office volunteer. You can sign up on our website at fargohope.org/volunteer, email: kjastram@fargohope. org or call the Church Office at 701.235.6639.

Remember, you can make a difference!



Nurtured Heart Classes To Be Offered This Fall



Sept. 29, Oct. 6, 13, 20, 27 & Nov. 3 7:00-8:00pm Zoom - Online Class The Nurtured Heart Approach®

to Parenting is a class for anyone who wants to build deep, rich relationships with children that

growout of love and respect. Using the tools and techniques taught in this class, you will see the transformation in your life, the life of your child and/or your relationships with others. Register online at fargohope.org/adults.

Connecting with Parents Small Group Experience (Offered the same weeks as NHA Class) 8:00–9:00pm Zoom - Online

Do you feel like a SuperParent right now or could you use some help? Are you looking for answers, ideas, or support in your parenting journey? We are creating small group experiences that will allow you to connect with other parents weekly to discuss concerns, ask questions, and process how to more effectively parent in such an unprecedented time. Register online at fargohope.org/ adults.

Hope for Moms

Is there some stress for moms these days? Get connected for inspiration and encouragement during these challenging days and know that you are not alone! Connect with KAMs (Kids and Moms) weekly in the park, beginning mid-September, details available at fargohope.org/ women. If you have questions, contact Ruth at 701.238.1831.

MOPs/MomsNext via Zoom will begin Saturday, September 19 (third Saturday of the month), 10:00-11:00am. Register at fargohope.org/ women for more information and zoom invite.

Read 'n Relate

September: "The Tattooist of Auschwitz" by Heather Morris

Read 'n Relate via Zoom: Tuesday, September 1, 7:30pm-8:30pm. Register at fargohope.org/women to receive zoom invite. Questions? Contact Linda, 701.866.0619.

Read 'n Relate Too via Zoom: Monday, September 14, 11:15am - 12:15pm; register at fargohope.org/women; Contact Karen, 701.361.0325 or ksilbernagel@cableone.net

Daily Online Bible Study Begins September 7



"The Answers to Your Deepest 40 Longings: Days Through the Bible" hosted/led by Natalie Lanoue. This a daily devotion every weekday starting September 7-October 30. Natalie will post/ lead discussion online throughout the week. Register at fargohope.org/women

In-person Circle meetings are on hold through October.

#Growing Together While Staying Apart



Aerobics via Skype; Join women of Hope for low impact aerobics and toning via Skype, Tuesdays, 5:00pm and Thursdays, 5:15pm. Download Skype app and send your email to MaryHolm23@gmail.com



Golf Girls meet Tuesdays, 9:00am at scheduled courses (May-October). Contact Nicki at 701.388.7628 or Garyalmquist1@gmail.com for more information.

Summer Fun and Fellowship Students Overcome a Challenging Spring



HIGH SCHOOL MINISTR`



By: Pastor Kristian Eikevik

Our students dealt with a lot of disappointments this year after COVID-19 hit, including the loss of our anticipated international mission trip and our huge senior high camp. But many found other ways to lean in. Nearly 100 continued to meet in Small Groups that included Bible studies, prayer nights, lake days, and clean up projects around town. One group produced watercolor masterpieces (pictured above) under the direction of our very own Reyna Bergstrom.

In addition, we hosted two socially distanced large group events: Summer Worship and Baccalaureate. The latter was a special treat as we finally got to honor this year's graduated seniors and their families. A core group of students spoke, prayed, and led their peers in worship. More than 50 were in attendance and came forward for prayer with their families under a pastor or small group leader. Speakers acknowledged some bitter with the sweet in this season of social distance and uncertainties. But the blessings were immense as voices lifted God's praise over our seniors. They will be sorely missed as many head away for school, work, or military service. They are amazing young people! Keep them in your prayers! If you want to pray for any by name, reach out to highschool@ fargohope.org.



Families gathered, yet distanced from other groups at Baccalaureate in July. Hope's quilting group crafted 60 quilts that were given to our seniors. It was a gorgeous evening, fitting for the recognition the students earned.

Fall 2020 High School Ministry

Central Location (South Campus) Wednesday | 8:15pm Sunday Life Groups North, West, and other More information is available at: fargohope.org/highschool Follow Us! hsmhope hsmhope FargoHope

Hopekids Fall Registration Update

Registration is more important than ever this year!

<u>All students must register prior to attending</u> (walk-in registrations will be asked to attend worship with their family and be assigned a group the following week).

Hopekids begins Sunday, September 13 and Wednesday, September 16. We have missed you!

Please watch your mailboxes for a postcard after you register with your child's room number, and group assignment! Contact us if you haven't received your postcard prior to September 13 or within a few days of registering! Registration is now available on our website, or via paper form at the Church Office.

Parents, we recognize that you are making many decisions right now and you may be uncertain about Hopekids in-person.

Please check-out our youth ministry policies and procedures on our webpage, fargohope.org/children and find out more info. about our online option, as well! Questions, concerns, prayer requests? We want to walk alongside of you. Please feel free to contact us at hopekids@fargohope.org, or the Church Office at 701.235.6629.

Bible Bags!

Hopekids start looking for your red Bible Bags! If you're new, we'll have one for you! You will want to bring them with your Bibles and a writing utensil each week! Get ready to explore God's Word! Our year starts with great memory verses:

Preschoolers will learn that they can trust God. "For I know the plans I have for you declares the Lord." Jeremiah 29:11

K-5 graders will hear messages of how we can reflect Jesus' love with how we treat our friends. "A friend loves at all times. They are there to help when trouble comes." Proverbs 17:17

2nd Grade Bible Event

Sunday, Sept. 20 4:00-5:00pm North and South Campus

Sunday, Sept. 20 During worship 9:00am or 10:30am West Campus

All 2nd graders and their parents are welcome to join us as we present new Bibles to our 2nd graders. There will be a packaged treat for 2nd graders after the event! No RSVP needed!

Questions? Please email hopekids@fargohope.org, or call Nicole W. at 701.235.6629, x312.

Hopetots On Hold This Fall

Although we will miss you, we want you to know that the Parent Cue App is still available! Make sure to check out the fun videos, great parenting tips and ideas on how to grow your child's relationship with Jesus!

6th Grade First Communion Information

6th graders and families: Please join us during one of these worship times to celebrate our 6th graders receiving communion in church for the first time, as we were unable to do so in April. We will be celebrating on:

- Wednesday, September 9
- Saturday, September 12
- Sunday, September 13

Please choose one of these dates to attend. 6th graders will receive communion with their families, and will get their olive cup and bracelet prior to worship. Check out our website for more information.

Confirmation Options

Starting September 13/16 (subject to change) On site: We have several on-site options. Visit fargohope.org/middleschool for more information.

Confirmation at Home: Weekly Zoom on Wednesdays at 7:15pm

Affirmation of Baptism

September 27, 4:00pm at the Scheels Arena

Families can expect to see more details by email this month regarding reserved seating, individual pictures and their student's check-in time.

Angela Bartsh Joins MSM Team



Please join the MSM team in welcoming Angela Bartsh to the position of Director of Middle School Ministry at the North Campus! Angela has worked as the Associate Director of Hopekids the last five years and is excited to transition into Middle School Ministry.



Milestones for July 16-August 10

Baptisms:

Hudson Charles, son of Cody & Whitney Johnson Arayla Ann, daughter of Jonathan & Renetta Schroeder Troy Anthony and Jack Bernard, twin sons of Anthony & Stephanie daSilva Leonard Chris, son of Samuel & Alexandra DeMarais Eli Roger, son of Sam & Siennah Callahan Ezra Michael, son of Jake & Alissa Erickson Baker Paul, son of Trever & Kim Nelson Logan James, son of Kade & Christine Club Hattie Jo, daughter of Joe & Nicole Raasch Isla Marie, daughter of Ryan & Alexa Grubb Brooks Chauncey, son of Ryan & Alexa Boyer Freyja Allene, daughter of Scott & Amy McDonough Philip Richard, son of Brady & Mandi Larson

Karina Mae and Stella Rose, daughters of Jeremy & Yulia Momberg

September Preaching Schedule

"Tell the Truth to Each Other" North: Aug. 26/30, Ben Sullivan South: Sept. 2/6, Ben Sullivan West: Sept. 6, Stefanie Jordheim

"Pray for Each Other" North: Sept. 2/6, Pastor Kristian Eikevik South: Aug. 26/30, Pastor Kristian Eikevik West: Aug. 30, Pastor Sarah Seibold

"A Living Hope: Who We Are and Why We Exist" North: Sept. 9/13, Pastor Mike Toomey South: Sept. 9/12/13, Pastor Paul Nynas Chapel: Sept. 13, Pastor Sarah Seibold West: Sept. 13, Pastor Kristian Eikevik

Hope's In-Person Worship Safety Guidelines

- Practice Social Distancing
- Per current CDC guidelines, masks are required with the exception of children under the age of two and those with underlying health conditions.
- If you are not feeling well, please do not enter the building
- Bathrooms are available, but children under the age of 10 must be accompanied by an adult.
- Wash and sanitize your hands

Cora Elizabeth, daughter of Jacob & Heather Starkey Evelyn Mae, daughter of Matthew & Jessica Lehman Larie, daughter of David & Sara Terfehr

Marriages:

Sarah Mickelberg & Ryder Neva 7/18/2020 Kristen Sailer & Dain Sullivan 7/18/2020 Shelby Novak & Jake Greenwood 7/24/2020 Brianna Jallo & Kevin Pickhard 7/25/2020 Emily Neuhardt & Caleb Perkinson 7/25/2020 Carley LeDoux & Austin Truso 8/1/2020 Abby Kjonaas & Patrick Joyce 8/1/2020 Kylah Horsley & Bradyn Horgan 8/8/2020 Nicole Lindemoen & Kyle Ambrosie 8/8/2020

Deaths:

Alexandra Bakken 7/13/2020 Karen Schur 7/23/2020

"Passing on the Faith" North: Sept. 16/20, Pastor Paul Nynas South: Sept. 23/26/27, Pastor Paul Nynas Chapel: Sept. 20, Pastor Kristian Eikevik West: Sept. 27, Pastor Kristian Eikevik

"Helping Hurting People" North: Sept. 23/27, Pastor Mike Toomey South: Sept. 16/19/20, Pastor Mike Toomey Chapel: Sept. 27, Pastor Sarah Seibold West: Sept. 20, Pastor Sarah Seibold

"Deeply Rooted" North: Sept. 30/Oct. 4, Pastor Matt Cordes South: Oct. 7/10/11, Pastor Matt Cordes Chapel: Oct. 4, Ben Sullivan West: Oct. 11, Ben Sullivan

New Members

July 19, 2020 Dean Aamodt Jeremy Pulling, Henry

Interested in Volunteering in Youth Ministry?

We have volunteer needs for in-person and online programming.

CONTACT US AT:

- hopekids@fargohope.org
- middleschool@fargohope.org
- highschool@fargohope.org

About Hope Lutheran

North Campus, 2900 Broadway N, Fargo South Campus, 3636 25th St S, Fargo West Campus, Liberty Middle School, 801 36th Ave E, West Fargo

FALL WORSHIP SCHEDULE

Starting September 9, 12 & 13 (SUBJECT TO CHANGE)

NORTH CAMPUS

Wednesday 5:30pm & 7:00pm Sunday 8:30am Trad., 9:45am & 11:00am

SOUTH CAMPUS

Wednesday 5:30pm & 7:00pm Saturday 6:00pm Sunday 8:15am Trad. & Cont., 9:30am Trad. & Cont., 11:00am

WEST CAMPUS

Sunday 9:00am & 10:30am

ONLINE (FACEBOOK & YOUTUBE)

Wednesday 5:30pm Sunday 8:30am Trad., 9:30am

KFGO 790 AM

Sunday 9:30am

STAY INFORMED BY SIGNING UP FOR HOPE'S EMAILS AT FARGOHOPE.ORG/ABOUT

STAFF

WORSHIP ARTS John Bedore Kim Klatt Justin Morken Joe Weatherly Karli Ring Heidi Ivesdal Sara Lichtblau Paul Luthi Anna Mitchell Andria Messelt Paul Norell Rachel Pulling

ADULT MINISTRY Dawn Streifel

WOMEN'S MINISTRY Judy Siegle HOSPITALITY Kay Jastram

CHILDREN'S MINISTRY Nicole Weisz Katie Van Dame

MIDDLE SCHOOL MINISTRY Ben Sullivan Angela Bartsh Terri Diers

HIGH SCHOOL MINISTRY Ashton Oliveira

HOPECARE Barb Van Dame Kim Youngquist OFFICE STAFF Judy Aafedt, Business Administrator Becky Barrus, Accounting Sarah Griesbach Ashley Livdahl Trisha Mosher Cara Olmstead Kathy Lormis Bob Schwandt, NC/SC Librarian

BUILDING STAFF Bill Haaland, Building Engineer Dave Peterson, SC Facility Coor., Chef

HOPE LUTHERAN PASTORS



Paul E Nynas Senior Pastor





Matthew C Cordes

Kristian H Eikevik





Sarah A Seibold



Stefanie Jordheim Pastoral Intern/ WC Director



Kevan F Smith Visitation Pastor



Michael J Toomey

Ben Sullivan Pastoral Intern

Words of Hope Hope Lutheran Church 2900 Broadway N Fargo, ND 58102

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This is a chaotic and stressful time. It is easy to get overwhelmed, worn out and weary.

When the stress and fear of this world seek to overwhelm you, turn to Jesus! Find some time to worship, pray, and read His Holy Word. This world is troubled, and it always has been.

But our Hope is not found in this world. Our Hope is in the Risen Christ who has prepared eternity for us. Remember the promise of Jesus in Matthew 11:28, "Come to me, all you who are weary and burdened, and I will give you rest." The troubles of this world pale in comparison to the eternal glory that Jesus has prepared you for. May you find peace, comfort and even joy in Him!

God is with you!