

Transformed
From Busy to Balanced

Reflect

- 1) Describe the difference between time controlling you and you in control of your time.
- 2) As you think about your day, how much time does your relationship with God get? What does your God-time look like?
- 3) What does the stewardship of time mean to you?

Read Your Bible

- Psalm 39:4-5
- Ephesians 5:15-20
- Ecclesiastes 3:1- 14
- Luke 19:12-26

Apply Scripture to Your Life

- 1) Psalm 39 urges us to come to grips with our mortality. In what ways does facing our mortality inform the stewardship of time?
- 2) Ephesians counsels believers to “be careful how you live...making the most of every opportunity.” What does this mean to you in terms of your use of time?
- 3) There are numerous lessons presented in Ecclesiastes on you and your time. What are your takeaways from reading this scripture?
- 4) Based on the parable Jesus tells (see Luke 19), if time is that gift that God gives to each of us, what are His expectations of how we use our time?
- 5) Based on your reading of scripture, what is the difference between busy and balanced in terms of the stewardship of your time?

There are many inequities in this world but one thing all human beings have in common is the same amount of time each day. Time is a gift and it is limited by our mortality. Time also has the capacity to be swallowed up in the busyness of life. Being stewards of our time means that we come to grips with the fact that there is a time for everything under heaven while we seek to manage our allotted time each day in a way that honors the gift God has given us in that time. Being faithful stewards of time also means we live with eternity in mind. We are created as sons and daughters of God to glorify Him with our lives and enjoy Him forever. That is what the stewardship of time is all about.

Pray

Lord God, thank You for the gift of time. A gift that I can use each day to love family, serve neighbors and glorify You. As I steward my time, make me mindful of those priorities that need my time and forgive me when I misuse or abuse that gift. Also, guide me Lord to understand that stewarding my time is not about busyness but about focus. There is a time for everything under heaven! As I engage the gift of time this day, help me also to keep eternity in mind as I know, O Lord, that today and how I use the time allotted me informs my eternity with You. This is the day You have made, O Lord, and I will rejoice and be glad in it as I steward my time to honor You. Amen.