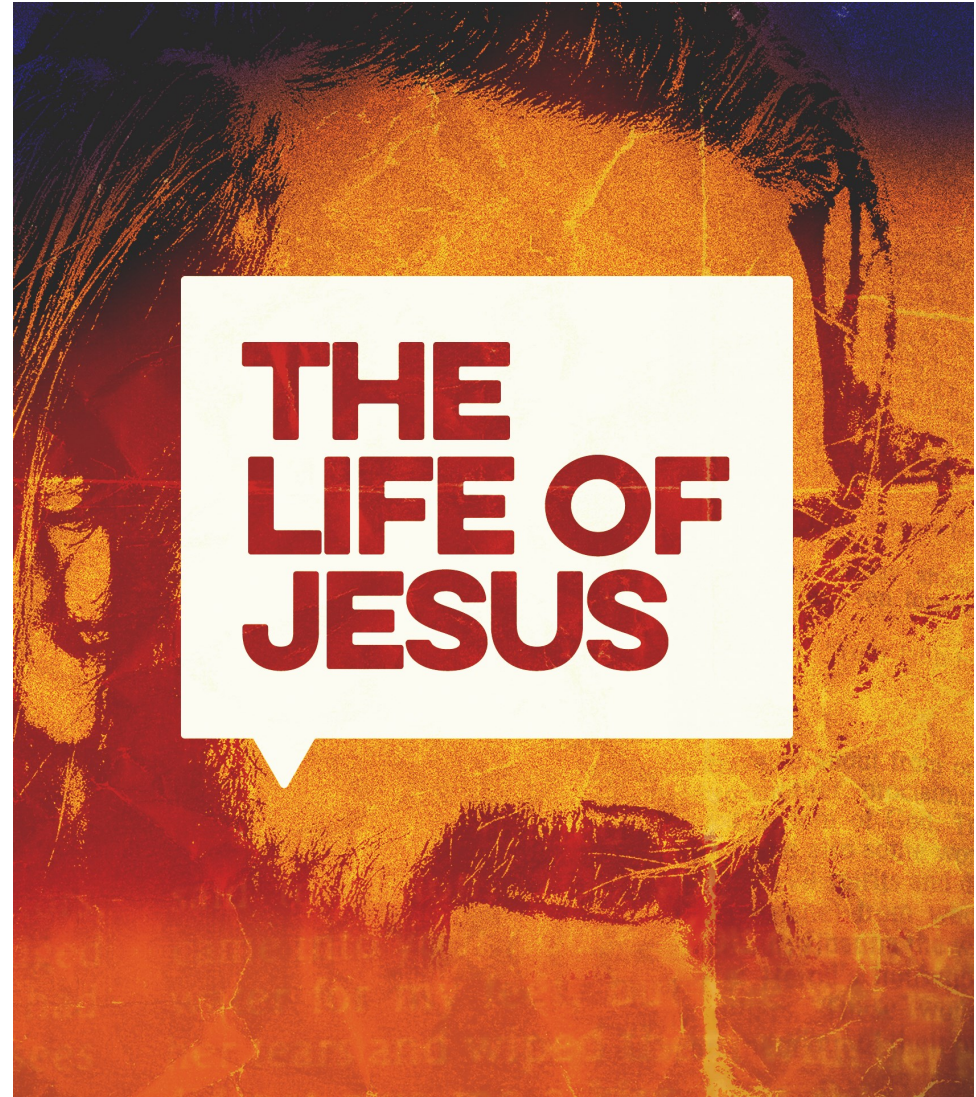


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SERMON SERIES STUDY GUIDE

NORTH: April 11/15 | **SOUTH:** April 18/22 | **CHAPEL:** April 29



DOUBTING THOMAS

Pastor Chuck Olmstead



This study guide was written by the Pastors at Hope Lutheran Church in Fargo, ND. Find this resource and others at [FARGOHOPE.ORG/RESOURCES](https://fargo.hope.org/resources)

DOUBTING THOMAS

READ: John 20:19-29

Have you ever had doubts? You are not alone. Thomas, one of Jesus' disciples, would not believe until he touched the spear hole in Jesus' side and saw his nail scarred hands. Then Jesus said to him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed."

Hebrews 11:1 says, "Now faith is confidence in what we hope for and assurance about what we do not see." Yet, at times our human sinfulness will fill us with doubt. Even some of the strongest people of faith will admit that there have been dark days of uncertainty. Perhaps one of the most beautiful and human responses recorded in scripture of doubt comes in Mark 9. A father approaches Jesus desperate for healing for his son who suffers from violent seizures. He asks Jesus to have pity on him and heal him. Jesus says to him, "Everything is possible for one who believes." The man, in utter honesty exclaims, "I do believe; help me overcome my unbelief!" (Mark 9:24) Jesus immediately heals the boy. What a statement of honest faith.

QUESTIONS FOR REFLECTION

1. Can you relate to Thomas? How so?

2. What are some things a Christian might doubt?

3. What is doubt? What is its relationship to faith?

4. How can we find assurance in our doubts?

5. What are some things you have doubted?

PRAYER

Lord, I believe, help my unbelief. In Jesus name. Amen.