

7. The road to Emmaus is a journey to a new or renewed understanding of what life with God looks like and means for followers of Jesus. We all walk that road. Describe an Emmaus moment in your journey of faith and what that has meant for your life.

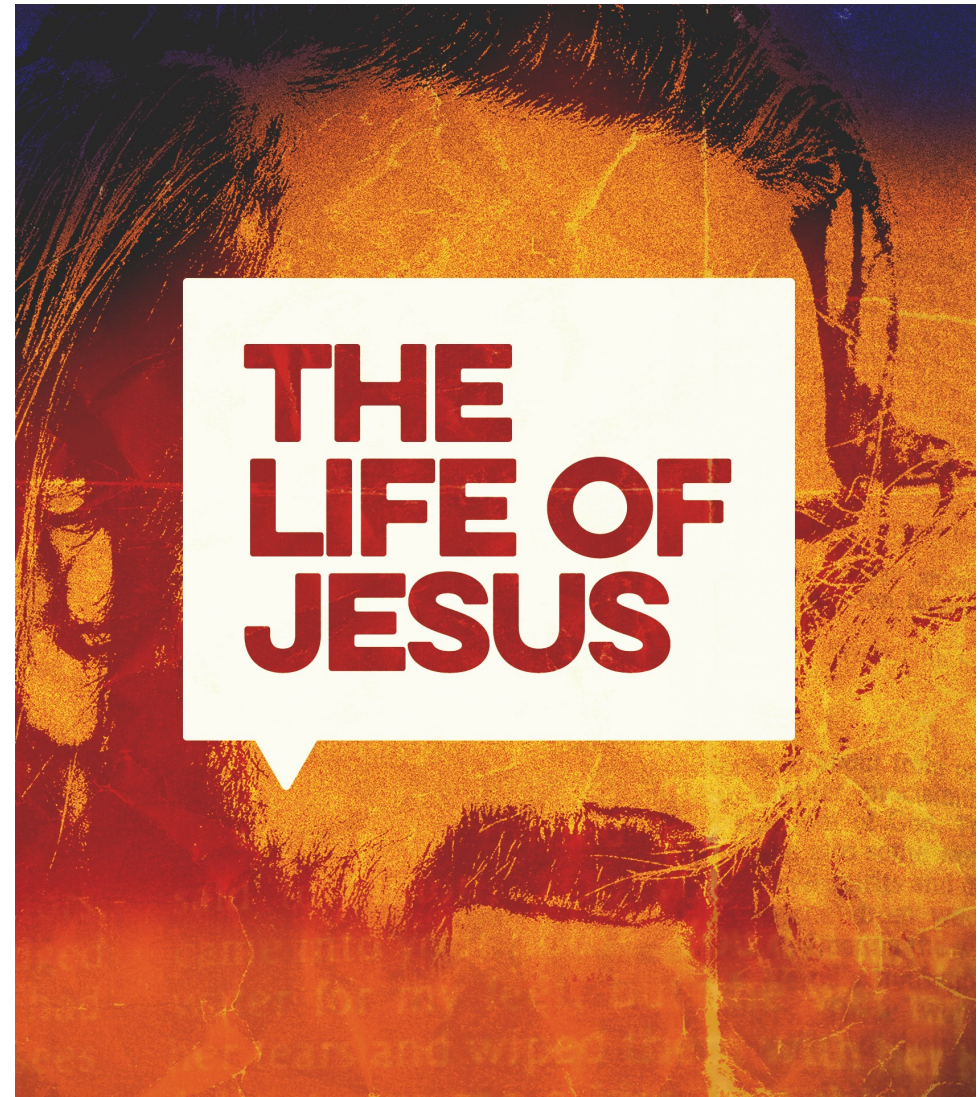
## PRAYER

Lord Jesus, thank you for walking our Emmaus road with us; for those holy moments where you have met us in the chaos and confusion of our lives; for the understanding and illumination that comes from your power and presence reaching out to us; for the new and renewed life with you that comes from those experiences. Lord, I humbly ask you to walk with us on our journey through this life and bring us to that destination of life with you today and forever in heaven. You are our Savior and our Lord, we put our trust in you. In Jesus' name. Amen.

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# SERMON SERIES STUDY GUIDE

**NORTH:** April 4/8 | **SOUTH:** April 11/15 | **CHAPEL:** April 22



THE EMMAUS ROAD

Pastor Mike Toomey



This study guide was written by the Pastors at Hope Lutheran Church in Fargo, ND. Find this resource and others at [FARGOHOPE.ORG/RESOURCES](https://fargo-hope.org/resources)

# THE EMMAUS ROAD

## **READ:** Luke 24:13-35

It was three days after the crucifixion. Two of Jesus' disciples were walking the Emmaus road out of Jerusalem contemplating the life of Jesus, his death and disappearance from the tomb. They weren't sure what to make of the events they had seen and heard about over the last several weeks. Confusion and uncertainty filled their hearts and minds. And then it happened. The resurrected Jesus showed up and engaged their confusion and uncertainty. He took them on a journey through the scriptures pointing out the things that the prophets said, and the holy word of God revealed, about the Messiah. The words of scripture were so captivating and compelling that the two disciples begged Jesus to spend the evening with them. They wanted to hear more about what he had to say. As they sat down to eat the evening meal, Jesus blessed the bread and it became a sacramental moment. A holy moment. An experience of illumination and understanding for the disciples. All the words of the prophets came to life for them. The life, teachings, death and resurrection of Jesus began to make sense and they saw and believed. The road to Emmaus for these disciples was the journey to a new understanding of what life with God looks like and what that means. The Emmaus road for us as disciples of Jesus are those holy moments of illumination and understanding when the power and presence of the resurrected Christ leads us towards new or renewed understandings of what God is up to in our lives...and what that means for our lives.

## **QUESTIONS FOR REFLECTION**

1. What factors led to confusion and uncertainty for the followers of Jesus on the Emmaus road?
2. How are those factors similar to what causes confusion and uncertainty for followers of Jesus in our world today?
3. Why do you suppose Jesus took the disciples on a walk through the scriptures?
4. Describe how the holy scriptures help you in your walk with God.
5. The breaking of the bread was also central to the disciples understanding. In what way does Holy Communion help you in your relationship with God?
6. What are some faith practices in your life that help diminish confusion and uncertainty and lead you towards illumination and understanding?