

Motivational Review Journal for Men

Discipline is established through motive review. I will look at my journal for five minutes every day to keep my motivation alive. I will add five reasons each week to maintain motivation.

1. I want intimacy with God.
2. I want to become the sort of man I can honestly respect.
3. I'm tired of lying, hiding and covering up.
4. I want peace of mind.
5. I don't want to be a part of the problem(s).
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